# Why Us?

Nazarene Recreation has been serving the southwest suburbs for over 40 years with quality recreation programs for kids of all ages. Our mission is to partner with parents to raise up fully developed children. All of our programs are designed to further your child's development in a family friendly environment that keeps the focus where it should be: on the kids!

#### Some of our programs:

- ★ All-Star Leagues (non-competitive leagues for beginners)
- ★ Rising Star Leagues (semi-competitive leagues that focus on FUNdamentals)
- ★ Kids Fitness (classes designed to get your child up and moving, taught by a professional personal trainer)
- ★ Fine Arts Classes (classes that focus on developing the inner creative in all of us)







Basketball

Floor Hockey

Soccer

Kids Fitness

Fine Arts

& more!

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Go to www.nazrec.com

to register online!

Our Mission:
We exist to partner with parents to raise up fully developed children!

# **★** All-Star Leagues

Sport	Ages	Day	Time	Dates	Fees	Program #	ľ
	3 yr. olds	Mondays	5:00 - 6:00 pm	Oct 26th - Dec. 14th	League: \$80	#5015	
Indoor Soccer	4-5 yr. olds	Mondays	5:00 - 6:00 pm	Oct. 26th - Dec. 14th	League: \$80	#5016	
	6-7 yr. olds	Mondays	6:00 - 7:00 pm	Oct 26th - Dec. 14th	League: \$80	#5017	
Basketball	3-4 yr. olds	Tuesdays	5:30 - 6:30 pm	Oct. 27th - Dec. 15th	League: \$80	#5018	
Basketball	5-6 yr. olds	Thursdays	5:30 - 6:30 pm	Oct. 22nd - Dec. 17th	League: \$80	#5019	
Floor Hockey	4-5 yr. olds	Saturdays	11:00 am - 12:00 pm	Oct. 24th - Dec. 19th	League: \$80	#5020	
	6-7 yr. olds	Saturdays	10:00 - 11:00 am	Oct. 24th - Dec. 19th	League: \$80	#5021	
Cheerleading	3-5 yr. olds	Wednesdays	5:00 - 6:00 pm	Oct. 28th - Dec. 16th	League: \$80	#5022	
Dance	5-6 yr. olds	Wednesdays	6:00 - 7:00 pm	Oct. 28th - Dec. 16th	League: \$80	#5023	
Dodgeball	7-9 yr. olds	Thursdays	5:30 - 6:30 pm	Oct. 22nd - Dec. 17th	League: \$80	#5024	
	10-14 yr. olds	Thursdays	6:30 - 7:30 pm	Oct. 22nd - Dec. 17th	League: \$80	#5025	

# **★** Rising Star Leagues

Sport	Head Coach	Ages	Day	Time	Dates	Fees	Program #
Basketball	Coach Mike	7-10 yr. olds	Tuesdays & Thursdays	6:30 - 7:30 pm	Dec. 1st - March 3rd	League: \$125 Uniform: \$30	#5115
Cheerleading	TBA	6-10 yr. olds	Tuesdays & Thursdays	6:30 - 7:30 pm	Dec. 1st - March 3rd	League: \$125 Uniform: \$50	#5116
Dance	Ms. Morgan	7-10 yr. olds	Mondays & Wednesdays	7:00 - 8:00 pm	Oct. 28th - Dec. 16th	League: \$90 Uniform: \$30	#5117
Floor Hockey	Pastor Kyan	7-10 yr. olds	Mondays & Saturdays	7:00 - 8:00 pm & 9:00 - 10:00 am	Dec. 5th - March 8th	League: \$125 Uniform: \$25	#5118

## **★ Fitness Classes**

Class	Instructor	Ages	Day	Time	Dates	Fees	Program #
Fitness Camp 101	Coach Mike	6-8 yr. olds	Tuesdays & Thursdays	5:30 - 6:00 pm	Sept. 15th - Nov. 5th	Class: \$112	#5215
Fitness Camp 201	Coach Mike	9-11 yr. olds	Tuesdays & Thursdays	6:15 - 7:00 pm	Sept. 15th - Nov. 5th	Class: \$160	#5216
Fitness Camp 301	Coach Mike	12-14 yr. olds	Tuesdays & Thursdays	7:15 - 8:00 pm	Sept. 15th - Nov. 5th	Class: \$160	#5217

## **★ Fine Arts Classes**

Class	Instructor	Ages	Day	Time	Dates	Fees	Program #
Kids Dinner Club	Ms. Linda	8-12 yr. olds	Thursdays	5:30 - 7:00 pm	Oct. 1st - Oct. 22nd	Class: \$60 Supplies: \$40	#5218
The Master's Art Studio	Ms. Chris	6-8 yr. olds	Tuesdays	4:30 - 5:30 pm	Nov. 3rd - Dec. 8th	Class: \$90 Supplies: \$20	#5219
FUNdamentals of Drawing	Ms. Chris	8-13 yr. olds	Tuesdays	6:00 - 7:30 pm	Nov. 3rd - Dec. 8th	Class: \$100 Supplies: \$25	#5220